



food + clothing + furniture + skills

# ANNUAL REPORT 2023-2024

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# Introduction

Once again I am delighted to introduce our annual report which showcases the brilliant work of our dedicated and committed staff and volunteers.

All of the projects featured in this report would not get off the ground without the work of our volunteers, every single thing we achieve is done by them and every year we strive to serve the people of Reddish and Heaton Norris. Our volunteers and beneficiaries come from every walk of life young and not so young, able bodied and disabled. We stretch out a hand for anyone who needs us. Our aim is to serve.

The charity does not stand still, and this year plans are well underway to open a social supermarket in our hub, this is an exciting new development which we hope will compliment the amazing work done by our volunteers at our food bank.

We are continuing to develop our hub at 2 Gorton Road Reddish, we have now activities happening every day, and we are becoming a central point in our community.

We have new window signage for our shop, and have plans for a community notice board. Passers by may notice that we have a new defibrillator installed as well.

We are very much looking forward to celebrating our 10th anniversary, and in doing so applaud our amazing volunteers who make all our work possible.

I would also wish to thank our outside partners who are to many for me to list here but who are listed further on in this report, your advice and support is a strength to us and thank you all for your continued partnership  
So...why not come and join us  
.....you will be really welcome.

Andy Verdeille,  
Chair of Re:dish Trustees

# Our Story So Far

## OUR VISION

To re-distribute good stuff around Reddish

## OUR AIMS

Working together we aim:

- To improve the quality of life for the people living within the wards of Reddish North Reddish South and Heaton's Norris, in the Borough of Stockport.
- To create a sense of community pride
- To become known as the place to go to for support if you have a problem or crisis (and offer either signposting elsewhere or own services to help)

## OUR VALUES

The work of Re:dish has grown from a Christian and Co-operative ethos which is reflected in our values today:

- Self help
- Passion
- Respect
- Inclusivity
- Pioneering

## OUR TRUSTEES

Andrew Verdeille (chair)

Val Copley (treasurer)

Christopher Hill

Tim Wane

Susan Gibbins

Rev'd Alison Mitchell

Alan Penny

Sandra Gaskill

# Our 2023-24 Goals

In 2023 - 24 we have continued to work on the strategy and business plan that was put in place during the pandemic.

We have responded to emerging community needs around social isolation and wellbeing working with partners on a number of new projects.

# 1

**Develop the shop and hub to become a focal point for the community in accordance with need**

Develop groups, projects and events that respond to the emerging needs of the community particularly tackling isolation.

# 2

**Strengthen and develop Re:dish projects**

Continue to support our existing projects so that they are sustainable.

# 3

**Identify and work with partners that can compliment existing Re:dish projects**

Establish relationships with like-minded partner organisations to build capacity and respond to community need.



# Food Action

## Foodbank

- During 2023-24 the Reddish part of Stockport foodbank issued 1723 vouchers - 17% increase on the previous year
- We continued to be well supported by our local community with donations from individuals, local groups, businesses, churches and schools.
- As well as food we also operated uniform and winter clothing voucher schemes. At Christmas we gave out hot chocolate mugs as stocking fillers.
- Morrisons continued to act as a collection point for food donations.
- We were able to provide support for foodbank clients via a funded Citizen Advisor as part of the Stockport Foodbank network. Our Citizen Advisor also issued fuel vouchers to clients over the winter.
- We worked with Cracking Good Food to deliver sample food products using foodbank ingredients and low fuel methods to foodbank clients. 12 clients then attended a brilliantly received cookery course and went home with a slow cooker each and a recipe booklet to make sustainable changes to their cooking and diet.

104  
sessions

30  
volunteers

1723  
vouchers

## Future Developments

- Following the positive feedback of the Cracking Good Food cookery course we plan to offer other opportunities to improve cookery skills once our social supermarket 'Good Stuff' is launched
- In Q3 we decided to re-configure our hub to host the new 'Good Stuff' social supermarket and work started to refurbish the space and move the donation sorting room upstairs. Working with partners Greater Together Manchester we plan to launch in Q1 2024-25



# Wellbeing

## Dementia Friendly Cafe

Our Dementia Friendly Cafe welcomes those living with dementia and their carers. We offer a delicious 2 course lunch and a fun activity that is suitable for everyone. We enjoyed music sessions, visit from local school choirs as well as celebrating seasonal occasions such as Christmas and Easter.

We were pleased to be able to run our cafe for both previous clients and new faces. A number of clients continue to attend once their loved ones have passed away or have moved into residential care. They are able to provide vital support and signposting to other carers.



38  
sessions

11  
volunteers

20  
clients

## Future Developments

We will continue to promote the DFC within Reddish and throughout our Stockport networks so that we can support more clients.

We will continue to look at new enrichment activities for our weekly programme.



# Wellbeing

## Banter & Brews

During this year our men's self-support group went from strength to strength - reaching more men who are isolated, lonely, bored or anxious.

As the group continued to expand into new locations we were able to support them to become a constituted group in their own right. This has enabled them to access their own funding and to continue their vital services. They also launched an evening session for those who are not available in the day and includes walking football.

We continue to work in partnership with the Banter & Brews team and we host a group at our hub in Reddish every Tuesday. We also ensure that whenever we are contacted by other services we include them in our thinking so that the men are able to access any relevant support that is available to them.

51  
sessions

3  
volunteers

50-55  
members  
10-15 clients  
per week







# Wellbeing

## Crafty Women

Our Crafty Women group continues to grow with a core number of members and team leaders. Attendees can bring a craft, share a craft, learn a skill or simply come and have a chat and a cuppa.

The group is so creative with inspiring ideas for upcycling items such as turning damaged jeans into bags or repainting or recreating art work that has been donated into something more saleable. The group has attended events to sell the items which raises funds for materials and the occasional lunch out.

Members also had visits from different organisations offering support including the Stockport Council Cost of Living Helpline and Pension Credit team.



48  
sessions

2  
volunteers

8-12  
clients  
weekly

## Future Developments

The group continue to look at workshops with different craftspeople to further develop their develop their skills eg jewellery and floristry.



# Wellbeing

Our exercise for all programme with partners Stockport County Community Trust strengthened in 2023-24 and has become an integral part of our weekly activity programme.

We run free weekly sessions during term time led by a qualified Sports Coach. There is a core group of regular attendees who are happy to welcome newcomers. The group is for everyone regardless of their fitness level as both chair based and standing exercises are demonstrated. Members have really benefitted from the physical activity and thoroughly enjoy both the exercise and social element of the group. Many of them go to a local cafe for a coffee after the session.

**30  
sessions  
(term time)**

**1 sports  
coach**

**10-12  
clients**

## Future Developments

To continue to promote the weekly group and look at options to run throughout the year (not just term time)

To look at other (physical) activities that this group may want to get involved in (eg creating a walking group, yoga/pilates etc)



# Wellbeing

## Youth Group

We continued to work in partnership with Make a Difference during 2023-24 using the North Reddish Park Pavillion for the summer months as it provides access to outside space. In the winter we moved indoors to use our hub and focused on arts and crafts activities.

We continued to offer monthly trips to Hideout (a youth centre in Gorton with tons of activities and options for young people). The young people accessing the weekly group also benefited from HAF sessions (Holiday Activities and Fun) provided by Make a Difference in the school holidays. These sessions are themed and can also involve trips including swimming, and the cinema. There are also family sessions where younger siblings can also come along.

34  
sessions

2 youth  
workers

8-14  
young  
people

## Future Developments

To continue to develop the programme of activities in accordance with the interests and needs of the young people attending. Ideas include a wellbeing session, cookery and music development.



# Wellbeing

## Community Garden

On 22nd June 2023 the restored peace garden of St Agnes church was unveiled at an official opening. This amazing space provides access to the great outdoors for the church congregation, the church groups that meet there, Re:dish groups and the local community.

The project was the result of a collaboration between Re:dish, St Agnes Church, Virgin Media / O2 and Wingnut who contributed financially and donated their time for it to be completed.

The garden is accessible with a level path around the edge, raised beds for both flowers and fruit and vegetables as well as plenty of benches for relaxing and enjoying the beautiful space.

The opening was attended by MP Andrew Gwynne, as well as the Mayor of Stockport, Graham Greenhalgh, Reddish councillors and importantly all the people who have made this happen.

4  
organisations

Over 300  
volunteering  
hours



## Future Developments

We will be looking at setting up a regular weekly volunteering slot to maintain and 'grow' the garden

We will work with St Agnes church on events that showcase the garden and provide access to the fabulous outside space



# Wellbeing

## Empower

In Autumn we ran an 8 week group for people with long term illnesses / disabilities in collaboration with Stockport Council.

Following this we joined forces with another group and we now host a weekly Empower session. This is a group for people of all abilities. The group support each other and take part in different activities each week - arts & crafts, quizzes and games. They have enjoyed a couple of jewellery workshops delivered by a local business as well as trips to the Christmas and Easter panto at Stockport Plaza.

3 volunteers

4 members each week



## Future Developments

We will continue to promote the group so that we can grow the membership

We will develop the programme of activities in accordance with the needs and preferences of group members



# Goodshare

## Re:dish Shop

The charity shop continues to provide valuable unrestricted income to support our community projects.

We have continued to develop our ebay shop to sell some of the more collectible items and have a number of volunteers who are dedicated to the listing and posting of these items. Ebay sales grew by 173% totalling £1743.

We also continue to work in partnership with Men In Sheds selling donated bikes that have been repaired and serviced by them.

As well as our seasonal window displays we are developing a reputation for a number of other sales events including our Winter Wonderland and Window Santa. This is an opportunity for local children to meet Santa for free.

We also had a late night opening to support the 2023 Christmas Light Switch on which was one of our best sales days.

**£57,019**  
income

**22**  
volunteers



## Future Developments

We will continue to look at attending other sales events to raise our profile and increase our sales

We will support local events such as Spotlight on Reddish, Reddfest and the Reddish Christmas light switch on by hosting sales events and adjusting our hours to fit the events.

We will invest in a new till so that we are able to register and reclaim Gift Aid.



# Hub

## Re:dish Hub

Our programme of hub activities has grown over the last 12 months and we now have a group or activity every weekday that we are open.

In October 2023 we began to rent our Peacock room to CAP for their weekly job club. This compliments our existing groups providing support for clients and volunteers who may be looking for paid work.

We have had great success with support organisations including the Cost of Living helpline team, Your home better, Pension credit team attending our existing groups and events and engaging with clients.

We also hosted one off events such as a digital device drop in conjunction with Starting Point and Digiknow.

We received funding from Stockport Council for window artwork at the front of the shop. This is the first phase of a hub update which will include a community noticeboard, defibrillator and new external signage



**I need a Job where do I start?!!**

**Is your New Year's resolution... Get a Job?**

**Reddish Job Club**

**We're here to help!**

**Feeling isolated or anxious?**

**Lost confidence or motivation?**

More than just a Job Club!  
a community, building confidence,  
whilst supporting and equipping you  
back to work

**Need interview practice?**

**Need help with applications or IT**

For info/to register  
Tel: 07553 078886  
or email  
nickyowen@capjobclubs.org

Every Wednesday  
1:00-3:15 pm  
Starts Jan 31<sup>st</sup> (Please register)

## Future Developments

- We will refurbish the smaller meeting room as a 121 room which will be ideal for services and support organisations to use to engage with clients
- We will continue to work with services and organisations to deliver the support and groups that our community need.

# Our 2023-24 Projects & Events



## 'Good Stuff' social supermarket

We started work in the hub to create a space for our 'Good Stuff' social supermarket.

Firstly, we moved the donation and sorting room upstairs. Then we started the refit ready to open the supermarket



## 'Good Stuff' social supermarket

# GOOD STUFF SOCIAL SUPER MARKET

## Outreach

This year we attended events and activities across Stockport including

- Taking part in the Spotlight on Reddish
- Disability awareness day at Alma Lodge
- St Josephs summer fayre
- Vintage Markets in Stockport





# Our partners & supporters

**GEOFF CAPES**  
Driving School

**GREATER  
TOGETHER  
MANCHESTER** ⊕



**Community  
Trust**

**Vernon**  
Building Society

**WINGNUT**  
UTILITIES LTD

**E Elliott**  
EPoS



**GMCVO**

**IV Lions** Accountancy Services



**Council for Social Aid**  
Manchester

**pilotlight**  
Partner Charity

**broadstones**

**ASDA**



**STOCKPORT**  
METROPOLITAN BOROUGH COUNCIL

# Our partners & supporters



The **Methodist** Church

St Joseph's RC Church



HOULDSWORTH PARK BOWLING CLUB

We thank you for your continued support



food + clothing + furniture + skills

# Our year in photos

Reddfest July 2023



Christmas 2023 at the shop



New window artwork and a fantastic Easter display



Community Development Worker, Kell receiving an award at the Stockport Women and Girls Network International Women's Day event

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