

REDISTRIBUTING GOOD STUFF
AROUND REDDISH

food + clothing + furniture + skills

Activities are free unless otherwise stated.

The Re:dish Hub is above the charity shop (2 Gorton Road, Reddish) Contact Kelly.Gaskill@redish.org.uk for more information



www.redish.org.uk @redish.reddish

## **TUESDAY**

CHARITY SHOP 9.30AM - 4PM

# ACTIVE WITH 'COUNTY'

Exercise for all group 10.30am -11.30am @ Re:dish Hub

BANTER & BREWS
12-2pm @ Re:dish
Hub
Men's Social Group
Refreshments
available

### WEDNESDAY

CHARITY SHOP 9.30AM - 4PM

GOOD STUFF
SOCIAL SUPERMARKET
11AM - 3PM
DEMENTIA FRIENDLY
CAFE

12-2pm @ St Agnes
Church
Support group for those
living with dementia and
their carers
2 course lunch £4 pp
Youth Club (11-15yrs)
6.30 - 8.30pm @
North Reddish
Community Centre

#### THURSDAY

CHARITY SHOP 9.30 AM - 4PM

FOODBANK 10.30-12.30pm @ Bairstow Centre Referral needed

CRAFTY WOMEN 12pm-2pm @ Re:dish hub

Women's social group Refreshments available

#### FRIDAY

CHARITY SHOP 9.30 AM - 4PM

GOOD STUFF SOCIAL SUPERMARKET 11AM - 3PM

EMPOWER
ALL ABILITIES GROUP
11.30 -1.30pm @
Redish hub
Drop in peer support
and social session for
all abilities

#### SATURDAY

CHARITY SHOP 10AM - 3PM

FOODBANK 10.30-12.30pm @ Bairstow Referral needed



To find out more about our projects and events scan our QR code